

THE PURPOSE OF LIFE

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3 Hoath Lane
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United Kingdom

Publisher: The Conservative Libertarian Publications Limited
Companies House Number 13489581

ISBN Number: 978-1-915668-60-8

PREFACE

Survival is a biological necessity without which neither the self nor the Self (Brahman) is experienced as the purpose of life: so survive for this opportunity.

It is difficult to be free of attachments but this is vitally important to obtain awareness of the imminent reality to base one's actions on: that is the way to survive.

God is experienced through the 'self' mostly dormant until accessed through bhakti whereas the 'Self' (one's true nature) is Brahman upon liberation from life in the Samadhi state.

<https://www.knowledgeforworldconservation.com/forum/spirituality/the-purpose-of-life>



NO NEWS IS GOOD NEWS?

Yahoo

/

Sent

Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To:

Enquiries Kent Police

Sat, 11 Feb at 21:25

To

Kent Police

Dear Sir

With regard to the linked matter concerning a certificate of 'Charge Refused' that I need from Kent Police: ADJOURNEMENT, POSTPONEMENT OR TERMINATION OF E35YM660 PROCEEDINGS (knowledgeassessmentanddissemination.com), <https://www.knowledgeassessmentanddissemination.com/post/ajournement-postponement-or-termination-of-e35ym660-proceedings> I know that today is a Saturday and everyone is busy with the internal review that Ms Parkhurst is still supervising as attached: FrFreedomofInformationKentPolice(BethParkhurst)11Jan2023.docx, but it would be good to know if Kent Police could update me on this matter.

Thank you.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

Attachment:

FrFreedomofInformationKentPolice(BethPankhurst)11Jan2023.docx 13.2kB

Kent Police.: Request for Internal Review of FOI/01299/22/AS

Yahoo

/

On Wednesday, 11 January 2023 at 09:50:05 GMT, Freedom of Information Kent <freedomofinformation@kent.police.uk> wrote:

Dear Dr Panigrahi,

We acknowledge receipt of your request dated 06 January 23 for an internal review. We shall endeavour to provide a response as soon as our workload enables us to.

Kind regards,

Mrs Beth PANKHURST 46060054
Public Disclosure Assistant

freedomofinformation@kent.police.uk
 Kent Police Public Disclosure Team
 Coldharbour, London Road,
 Aylesford, Kent, ME20 7SL
 Internal Telephone: 19-2615
 External Telephone: 01622 652610
 DATASafe - Header

Unless otherwise marked, this correspondence and any attachments should be treated as OFFICIAL and handled appropriately.

This email and any other accompanying document(s) contain information from Kent Police and/or Essex Police, which is confidential or privileged. The information is intended to be for the exclusive use of the individual(s) or bodies to whom it is addressed. The content, including any subsequent replies, could be disclosable if relating to a criminal investigation or civil proceedings. If you are not the intended recipient, be aware that any disclosure, copying, distribution or other use of the contents of this information is prohibited. If you have received this email in error, please notify us immediately by contacting the sender or telephoning Kent Police on 01622 690690 or Essex Police on 01245 491491, as appropriate. For further information regarding Kent Police's or Essex Police's use of personal data please go to <https://www.kent.police.uk/hyg/privacy/> or <https://www.essex.police.uk/hyg/privacy/>. Additionally for our Terms and Conditions please go to <https://www.kent.police.uk/hyg/terms-conditions/> or <https://www.essex.police.uk/hyg/terms-conditions/>

21.24 pm (UK-Time) 11 February 2023

Posted the email on this Sunday morning having entered Samadhi, that is retirement in liberation) tweeting, facebooking and posting it on LinkedIn:

<https://www.knowledgeassessmentanddissemination.com/post/no-news-is-good-news>

On Facebook:

Shantanu Panigrahi shared a memory.
 33 m ·
 Shared with Public

2 years ago
 See your memories

Shantanu Panigrahi
 12 February 2021 ·
 Shared with Public

If one does not leave the past, of even a moment ago, one cannot move forward even a step.

Shantanu Panigrahi

12 February 2023 Update: this post implies that the purpose of life is to move forwards towards a destination. For everyone that destination is uncertain. There has to be a plan or a formula of considerations, a hypothesis based on assumptions that would determine the eternal destination if one is to attain it during one's lifetime. The formula is given by satya-advaita yoga, or proceeding with truth. The assumption for me that I proceeded with was that there was a higher power that we call God and that God is eternal having a purpose for Creation.

09.05 am (UK-Time) 12 February 2023

Being a Libertarian (in Samadhi)

<https://www.thelibertariandemocrats.com/post/being-a-libertarian-in-samadhi>

This Sunday morning, the 12th of February 2023 I have attained Samadhi, so have left behind my ideas of political aspirations that formed the Conservative Libertarian Party of the United Kingdom to profess purely Libertarian values. All attachments are gone as Brahman (Self) and I have ultimate freedom (moksha).

My first proclamation as a Libertarian is as follows:

Independent Federal Reserve of the United States of America and the Independent Bank of England of the United Kingdom should be abolished and incorporated into their democratic structures so that the Executive makes the decisions on interest rates and fiscal policy combined to reflect the wishes of the population that they represent in government.

09.46 am (UK-Time) 12 February 2023

LETTER OF APPOINTMENT WITH DR NYEKO, CONSULTANT PSYCHIATRIST AT BRITTON HOUSE

Yahoo

/

Sent

Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To:

kmpt.pals.kmpt@nhs.net

Sun, 12 Feb at 19:18

To

KMPT PALS

Dear Sir/Madam

Please refer to my email to you on Friday 10 February 2023 8.26 am as attached:

ToKMPTPALScLongCatlisRdSurgery(APPOINTMENT URGENCY)10feb2023.docx.

I did not receive a reply from you but I received the attached letter from Britton House later in the day: FrBrittonHouseAppointmentMedicationReview25Jan_10Feb10Feb2023 that you referred to. Unfortunately it states that the appointment cannot be changed from 6 March 2023, 10.45.

I urge Britton House to reconsider the matter in light of further terroristic developments that have taken place over the weekend as summarised in the email that I sent to Kent Police that is attached for Dr Nyeko's consideration with a view to intervening in this matter before it is too late:

ToKentPolice(NO NEWS IS GOOD NEWS)11Feb2023.docx.

Please acknowledge this email immediately on receipt of it by return email.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane

Wigmore
Gillingham
Kent ME8 0SL
United Kingdom
Tel: 07967789619

Download all attachments as a zip file

(a) ToKMPTPALScLongCatlisRdSurgery(APPOINTMENT URGENCY)10Feb2023.docx 13.3kB

(b) FrBrittonHouseAppointmentMedicationReview25Jan_10Feb10Feb2023.docx 15.6kB

(c) ToKentPolice(NO NEWS IS GOOD NEWS)11Feb2023.docx 13.1kB (as above):

(a)

APPOINTMENT URGENTLY REQUIRED AT BRITTON HOUSE FOR MEDICATION REVIEW

Yahoo

/

Sent

Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To:

kmpt.pals.kmpt@nhs.net

Cc:

CATLIS Long (LONG CATLIS ROAD SURGERY)

Fri, 10 Feb at 08:26

To

KMPT PALS

Dear Sir/Madam

I have still not received the confirmation letter from Britton House that you referred to in your letter as attached: FrKMPTPALS(letter25Jan2023fromBrittonHouse)30Jan2023.docx. This matter has been going long enough and I need urgent attention -please refer to the attached communication from Britton House: AssessmentMeetingatBrittonHouse)12Jan2023.pdf.

The reason for the urgency with which the appointment should be made is that further developments have taken place that amounts to terrorism, victimisation, persecution and defrauding of my financial dues, not to mention humiliation that I have been subjected to by Kent Police as attached: ToFormatSolutionsccKentPolice(Desktopcomputer)FFP9Feb2023.docx.

I understood at first that there was supposed to have been an appointment fixed for me at Britton House on 6 March 2023 10.45 am with Consultant Psychiatrist Dr Nyeko, but it needs to be brought forward as I am suffering mental distress to a considerable extent because of what is happening from the powers that be.

Kindly ask Britton House to telephone me after considering these documents attached.

Thank you

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham

Kent ME8 0SL
Tel: 07967789619

Download all attachments as a zip file

FrKMPTPALS(letter25Jan2023fromBrittonHouse)30Jan2023.docx 14.4kB

ToFormatSolutionsccKentPolice(DesktopComputer)FFP9Feb2023.docx 14.7kB

AssessmentMeetingatBrittonHouse12Jan2023.pdf 4MB

(b)

From
NHS
Kent and Medway
NHS and Social Care Partnership Trust
Medway Community Mental Health Team
Britton House
Britton Farm
High Street
Gillingham
Kent
ME7 1AL

T: 0300 303 3189
www.kmpt.nhs.uk

NHS Number: 628 477 1487

Our Ref: CN.mb

Date: 25 January 2023

[Received at 2.30 pm from postman delivery on 10 February 2023]

PRIVATE AND CONFIDENTIAL

Mr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent
ME8 0SL

Dear Mr Shantanu Panigrahi

I am pleased to inform you that a Medication Review at Medway Community Mental Health Team has been arranged as follows

. Date: Monday 6 March 2023

. Time: 10.45am

. With: Dr Christopher Nyeko, Consultant Psychiatrist

. Venue: Britton House, Britton Farm, High Street, Gillingham ME7 1AL

Please allow.....45.....minutes for this appointment.

If this appointment is inconvenient please do not hesitate to contact us on **0300 303 3189** to arrange a more suitable time.

Yours sincerely

Administrator
Medway Community Mental Health Team

For the protection of patients and staff, we are requesting that a face covering be worn at all times within the building. Face masks or coverings will not be provided by the Trust. Thank you for your cooperation.

If you have any symptoms of COVID 19 or have been in contact with anyone who is showing symptoms please do not attend your appointment but call us on the above number to inform us and a new appointment will be sent to you in due course.

If you would prefer not to attend your face to face appointment, we can offer an alternative video call. If you would like to take advantage of this please call the above number and we will be happy to assist.

*Trust Chair – Dr Jackie Craissati
Chief Executive – Helen Greatorex*

*Trust Headquarters: Priority House, Hermitage Lane, Maidstone, Kent, ME16 9PH
For further details about how your personal data is managed by the organisation please visit
<https://www.kmpt.nhs.uk/about-us/confidentiality-and-gdpr/>*

Freephone number for the Samaritans: 116 123

Whatever you're going through, call us free any time, from any phone on 116 123

We're here round the clock. 24 hours a day, 365 days a year. If you need a response immediately, it is best to call us on the phone. This number is FREE to call. You don't have to be suicidal to call us.

Contact us now on 116 123

www.livewellkent.org.uk – 0800 567 7699
Mental Health Matters – 0800 107 0160
Samaritans – 116 123
GP and out of hours GP services
Urgent Mental Health Helpline – 0800 783 9111

*Trust Chair – Dr Jackie Craissati
Chief Executive – Helen Greatorex*

*Trust Headquarters: Priority House, Hermitage Lane, Maidstone, Kent, ME16 9PH
For further details about how your personal data is managed by the organisation please visit
<https://www.kmpt.nhs.uk/about-us/confidentiality-and-gdpr/>*

19.30 pm (UK-Time) 12 February 2023

- The 77 Vitali-Chi Secrets - The Hydration Secret2

Yahoo

/

Inbox

Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To:
 Vitali-Chi Ltd., jill@jilljesson.com
 Mon, 13 Feb at 06:46

Dear Allen and Jill

Thank you for continuing to share with me your 77 Secrets: and I find them most stimulating and useful. Immediately on reading this particular one I went and drank a glass of water this morning. Please continue to share your secrets.

I am taking this opportunity to update Jill with some latest things that have developed which I am finding difficulty getting my head around. The complexities of Court proceedings, Kent Police's investigations on me and the Community Mental Health Team in the National Health Service seems to have been coordinated against me as you will read from the attached correspondence: ToKMPTPALS(LETTEROFAPPOINTMENT WITH DR NYEKO)12Feb2023.docx, unless it is my paranoia that is rendering me into uncertainties on which way I should turn.

I would like to book a Session of holistic psychotherapy to discuss my state of mind with Jill Jesson accordingly and would be grateful if you would let me know her availabilities during this week or the following week.

Rashmi, my wife has had a Neurologist diagnosing her as having symptoms of Parkinsonianism and has been prescribed Sinimet tablets which she has taken for a week and has made some recovery. She will have a brain scan this week and subsequently to confirm the diagnosis and see what the prognosis is for her condition.

I hope all is well with Jill and yourself at Vitali-Chi.

Yours sincerely

Shantanu Panigrahi
 3 Hoath Lane
 Wigmore
 Gillingham
 Kent ME8 0SL
 Tel: 07967789619

Hide original message

On Sunday, 12 February 2023 at 23:46:04 GMT, Vitali-Chi Ltd. <allen@vitali-chi.com> wrote:

Hi,

Welcome again to the 77 Secrets. Here's today's secret:

****Hydrate****

Let's do a little experiment. Please take a healthy pot plant (preferably not a cactus). Put it on your kitchen windowsill. Now, don't water it. Over the next few days, even weeks, see what starts to happen to that pot plant. Inevitably, it will wilt (please water it back to life and never be so cruel again :). It wilts because it is a living thing and is made up of water, about 80% to 90% or so.

Without water, it will die. So will you. In about 3 days to be precise.

YOU are actually 60% water. So how much water do you need to drink on a daily basis to keep YOU going? Well, that is going to vary by person to person, by your diet, where you live etc. etc. As a rough rule of thumb, you should drink somewhere between 2 and 4 litres per day. But there are a couple of quick tricks that you can use to know whether you are getting enough fluid on a daily basis (for the squeamish among you, please look away now):

- 1.If you're feeling tired or lethargic, drink a pint of water. If you feel better within 5 or 10 minutes, then you were probably dehydrated.
- 2.Check the colour of your urine. Assuming that you haven't been eating beetroot or the like, then your urine should be a clear, water like colour. If it is yellow or darker then you are probably dehydrated.
- 3.Try drinking 4 litres per day and see if it makes a difference to your energy levels and your overall sense of well being.

By the way, if you eat a healthy diet, you will get a lot of water from the fruit and vegetables. Soup is obviously good in this respect too. The good news for tea and coffee drinkers is that most studies have found that in moderate amounts, caffeine has only mild diuretic effects -- much like water.

However, I'll finish with one last word of warning: Generally, alcohol is a diuretic, meaning it increases urination and flushes water (and other good stuff) from the body.

So, for hydration purposes, tea, coffee, water, fruit juice all good. Alcohol bad. Got it?

I'll have more for you tomorrow. I hope you enjoyed this secret, please let me know. Just hit 'Reply' and it should find me.

All the very best,

Allen Jesson
Co-Founder
vitali-chi.com
Energy For Life Vitali-Chi

You received this email from Vitali-Chi Ltd.. If you would like to unsubscribe, click [here](#).

Attachment:

ToKMPTPALS(LETTER OF APPOINTMENT WITH DR NYEKO)12Feb2023.docx 17.6kB (as above)

Last Updated: 07.36 am (UK-Time) 13 February 2023

On Facebook:

Shantanu Panigrahi

12h ·

Shared with Public

Shantanu Panigrahi

12 February 2020 ·

Shared with Your friends

Know thyself, establish your own identity of who you are; then you are in an emphatic position to relate to others

08.10 am (UK-Time) 13 February 2023

- The 77 Vitali-Chi Secrets - The Hydration Secret3

Yahoo

/

Inbox

Vitali-Chi Ltd.

Hi, Welcome again to the 77 Secrets. Here's today's secret: ****Hydrate**** Let's do a little experiment. Please take a healthy pot plant (preferably not a cactus). Put it on your kitchen windowsill. Now, don't water it. Over the next few days, even weeks, see what starts to happen to that pot plant. Inevitably, it will wilt (please water it back to life and never be so cruel again :). It wilts because it is a living thing and is made up of water, about 80% to 90% or so. Without water, it will die. So will you.
Sun, 12 Feb at 23:46

Shantanu Panigrahi

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Mon, 13 Feb at 06:46

Allen Jesson <allen@vitali-chi.com>

To:

Shantanu Panigrahi, jill@jilljesson.com

Mon, 13 Feb at 09:16

Hi - Thanks for your kind words, appreciated. mJill will be in touch with regard to availability. Until then, all the very best, Allen x

Hide original message

On 13/02/2023 06:46, Shantanu Panigrahi wrote:

Dear Allen and Jill

Thank you for continuing to share with me your 77 Secrets: and I find them most stimulating and useful. Immediately on reading this particular one I went and drank a glass of water this morning. Please continue to share your secrets.

I am taking this opportunity to update Jill with some latest things that have developed which I am finding difficulty getting my head around. The complexities of Court proceedings, Kent Police's investigations on me and the Community Mental Health Team in the National Health Service seems to have been coordinated against me as you will read from the attached correspondence: ToKMPTPALS(LETTEROFAPPOINTMENT WITH DR NYEKO)12Feb2023.docx, unless it is my paranoia that is rendering me into uncertainties on which way I should turn.

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I hope all is well with Jill and yourself at Vitali-Chi.

Yours sincerely

Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

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All the very best,

Allen Jesson
Co-Founder
vitali-chi.com
Energy For Life Vitali-Chi

You received this email from Vitali-Chi Ltd.. If you would like to unsubscribe, click [here](#).

09.55 am (UK-Time) 13 February 2023

No emails came by 10.30 from Kent Police, KMPT PALS or the Central London County Court, so the Defence needed to be published for the criminal court to consider, in the email sent to KMPT while keeping a single document from Allen Jesson as the path forward for me: tweeted, facebooked and posted it on LinkedIn:

<https://www.knowledgeassessmentanddissemination.com/post/letter-of-appointment-with-dr-nyeko-consultant-psychiatrist-at-britton-house>

The State had sent a 'Ring' email after the reply from Allen Jesson of Vitali Chi: this was my answer.

Last chance to save

Yahoo

/

Inbox

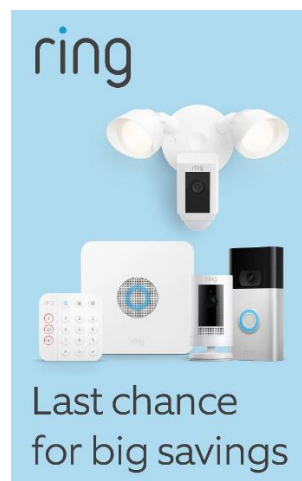
Ring Team <no-reply@mail.ring.com>

Unsubscribe

To:

shantanupanigrahi@yahoo.com

Mon, 13 Feb at 09:18



Last chance for big savings

Our February sale ends today. Don't miss your chance to save up to £110 on selected devices.

Shop Offers

Offer valid until 23:59 GMT on Tuesday 14th February, 2023, while stocks last. May not be used on pre-existing orders or in conjunction with any other offer and may be withdrawn or amended without notice. Ring terms of service apply.

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10.39 am (UK-Time) 13 February 2023

Update:

With silence all round at 11.50 am I sent the following WhatsApp text to Jill Jesson: 'Jill, unfortunately I am tied up with several appointments and postings this week, so it will have to be a Session next week. Hope this will be OK with you?'

Jill did not immediately read the text so video called her on WhatsApp immediately, but she did not answer.

I then telephoned Britton House Community Mental Health Team but held for a minute and no one answered, so terminated the attempted call.

Soon afterwards, I noted that Jill Jesson had read the text now. She did not reply to the text.

12.09 pm (UK-Time) 13 February 2023

At 13.37 Jill Jesson texted: Hi Shantanu, I 'll look in my diary for next week.

I posted the correspondence with Vitali Chi, tweeting, facebooking and posting it on LinkedIn: <https://www.knowledgeassessmentanddissemination.com/post/the-77-vitali-chi-secrets-the-hydration-secret>

Then replied to the text from Jill Jesson: 'OK Jill, Shall I book it on line now for £60?'

That went at 14.02: She read it but did not reply immediately at least.

14.25 pm (UK-Time) 13 February 2023

At 14.32 Jill texted: 'Yes thanks. When do you want? Monday 20th at 11.30 or Tuesday 21st at 12?'

I replied: On 20th we have to go to Benenden in Cranbrook at that time and similarly on 21st my wife has to be taken to Medway Maritime Hospital. 23rd is also inconvenient as I am seeing a Podiatrist.

That went at 14.51. There was no immediate reply. So I clarified with another WhatsApp text: Sorry, that was 22 for Podiatrist. My wife is seeing the Neurologist at Benenden and CT scan at Medway Maritime Hospital.'

She still did not reply. I needed to set up the correspondence in writing on WhatsApp to get to the bottom of everything, not in a Zoom Hearing for the State madarchods to see. So will not be paying the £60 Fee for the Session. The State can move on me now for I can say that Jill Jesson is my psychotherapist, and this fact is published in Daily Bulleting.

15.32 pm (UK-Time) 13 February 2023

Jill Jesson just texted on WhatsApp: 'So what about Friday 24th at 11.30?

That seals it. I am not replying as she is my psychotherapist with an appointment offered. I can wait two weeks to see what the madarchods do.

Immediately dialled for Britton House and spoke to the receptionist in the Community Mental Health Team. I said I have received your letter over the weekend and have some queries, is it possible for me to come in and speak to someone about them. She said 'No you will have to wait for your appointment. I asked could you check on your computer to see if the appointment is confirmed. She took down my name and date of birth and said that if I wished to change the appointment I would not get one any sooner than the 6 March 2023. I asked if there was anyway I could speak to Dr Nyeko before then. She said that she could ask Dr Nyeko to give me a ring, that is all. He would not be able to see you in Britton House. I said OK could you ask him to ring me as I am under a lot of distress. She agreed to do that. The Call ended at 15.40 pm.

15.50 pm (UK-Time) 13 February 2023

Then I replied to Jill Jesson: 'You should have read my email that I sent you this morning to see what is State-organised victimisation, terrorism, persecution and defrauding of my financial rights is. It is a systematic approach to render me a destitute, in a mental hospital or a prison cell having failed to boot me out of the country for 25 years. I do not have a split mind and you knew very well that the several hundreds of criminal anonymous emails that I am alleged to have sent out from my computer were actually manufactured by the UK State Security Services'.

That WhatsApp went at 16.13 pm and was read. There was no reply.

16.34 pm (UK-Time) 13 February 2023

With no call back from Britton House at 18.45, I texted Jill Jesson on WhatsApp 'Oh I forgot to say that Friday 24 11.30 am is fine. I will go on line and book it Jill.

Jill replied at 18.48: 'Thanks Shantanu'.

Soon afterwards I booked a Session on Line at the cost of £60.

Order #2180 confirmed

Yahoo

/

Inbox



Vitali-Chi - Here To Heal <allen@vitali-chi.com>

To:

shantanupanigrahi@yahoo.com

Mon, 13 Feb at 18:53



Vitali-Chi - Here To Heal ORDER #2180

Thank you for your purchase!

View your order

or Visit our store

Order summary

Online Therapy - One Hour × 1

£60.00

Subtotal

£60.00

Shipping

£0.00

Taxes

£10.00

Total

£60.00 GBP

Customer information

Billing address

Shantanu Panigrahi

3 Hoath Lane

Gillingham, Kent ME8 0SL

United Kingdom

Payment method

Visa ending with 4012

If you have any questions, reply to this email or contact us at allen@vitali-chi.com

19.11 am (UK-Time) 13 February 2023

On Facebook

Shantanu Panigrahi shared a memory.

3h ·

Shared with Public

2 years ago
See your memories

Shantanu Panigrahi
13 February 2021 ·
Shared with Public

Knowledge-acquisition is a life-long preoccupation; from terrible struggles of the mind lasting years towards freedom of thought-expression as truth unfolds itself in its own inimitable way if one is patient, and generates when satisfied the Ananda state of mind, if one is prepared to climb up the North Face of the Himalayas, towards the summit of Mount Everest.



20.15 pm (UK-Time) 13 February 2023

Update:

I published this book up to 19.11 hours yesterday evening to clear the path ahead in internet archive, Global Foundation and Allurement shop.

This Tuesday the 14 of February: I texted Jill: 'Jill, I booked the Session yesterday evening and await the Zoom link when you are ready'.

That went at 6.05 am and she read it but did not respond.

07.07 am (UK-Time) 14 February 2023

On Facebook:

Shantanu Panigrahi
22m ·
Shared with Public



Julia Stewart
19h ·

07.41 am (UK-Time) 14 February 2023

E35YM660 Proceedings

Yahoo

/

Sent

Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To:

Force Control Kent Police, Central London DJSKEL County Court

Cc:

kmpt.legal.services@nhs.net, jill@jilljesson.com, kmpt.pals.kmpt@nhs.net

Tue, 14 Feb at 08:12

To

1. Kent Police
2. Central London County Court

Dear Sirs:

While I go through the rigours of consulting Dr Nyeko the Consultant Psychiatrist at Britton House on 6 March 2023 at 10.45 am and with my psychotherapist Jill Jesson on 24 February 2023 at 11.30 am on Zoom, I should draw your attention to the liked proceedings:

NO NEWS IS GOOD NEWS? (knowledgeassessmentanddissemination.com)

<https://www.knowledgeassessmentanddissemination.com/post/no-news-is-good-news>

In this regard, I should make it clear that I am not 'hiding' under medical cover but just going through the processes of the State as I am a law-abiding citizen who upholds the rule of law.

I have done nothing wrong and my 100 Sections of the book 'The Allurement of Reality' that are published that have gone unchallenged is testament to the fact that I have always acted in good faith in a philanthropic manner and have survived great odds during this process: An exploration of Reality by Dr Shantanu Panigrahi in 100 Sections (thenewclimateformankind.com)
<https://www.thenewclimateformankind.com/post/an-exploration-of-reality-by-dr-shantanu-panigrahi-in-91-sections>

In my correspondence with Jill Jesson, I wrote: 'You should have read my email that I sent you this morning to see what is State-organised victimisation, terrorism, persecution and defrauding of my financial rights is. It is a systematic approach to render me a destitute, in a mental hospital or a prison cell having failed to boot me out of the country for 25 years. I do not have a split mind and you knew very well that the several hundreds of criminal anonymous emails that I am alleged to have sent out from my computer were actually manufactured by the UK State Security Services'. I stand by that.

The State of the United Kingdom targeted me for persecution because I wanted to bring the University of Greenwich to Court and went through all due process legally to bring that to a Hearing. All my manoeuvres were designed to highlight my plight of being unable to make ends meet and it was for this reason that I asked for the late Queen Elizabeth to be dethroned/impeached through due process calling her an evil green witch for disregarding my petition submitted as a last resort and then taking the matter to the International Criminal Court while still a citizen with a British

passport resident in the United Kingdom. The Hearing that I required in a Court of Law to assess these matters was always and systematically denied to me over 25 years.

In my previous submission to the Circuit Judge at the Central London County Court I had pointed out that the only way this matter can be resolved is by the lifting of the adjournment of the Hearing of 20 January 2023, and I urge that this is considered duly without delay. I draw your attention to the attached Notice of Hearing that is unresolved:
CentLonCtyCrt)NOTICEOFHEARINGOFAPPLICATION).pdf.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
United Kingdom
Tel: 07967789619

Attachment:

CenLonCtyCrtNOTICEOFHEARINGOFAPPLICATION.pdf 3.6MB

Update:

At 9.53 pm Jill texted: 'Zoom link sent'

Zoom Meeting Feb 24th 11:30

Yahoo

/

Inbox

Allen Jesson <allen@vitali-chi.com>

To:

Jill Jesson

,

Shantanu Panigrahi

Tue, 14 Feb at 09:51

<https://us06web.zoom.us/j/84242136903?pwd=amd0T0J6Z1VvU1BGbEIEYy9WbERIZz09>

I tested it and it worked

This morning I replied to Jill on WhatsApp 'Yes I have tested it and it works. You will have read my email to Kent Police, Britton House and the Court of Central London that I copied you in on this morning. The 20 January 2023 Hearing was initially set up by the State as a Poisoned Chalice on me. When I did not fall into the trap, the Hearing disappeared altogether, and this is the reason that today no action is being taken; that leaves the State authorities to persecute me further as if unendingly until I am put in a mental hospital again or in a prison, for come what may I will never seek to go back to India the land of the Hindus. I will start collecting my State pension from August and not go to Britton House for any appointments. You will agree to this assessment of the status quo I am sure for you and Allen are intelligent running a successful business.

Jill texted back 'Have received this information and will speak on the 24 February. Have a good day.

I replied: 'ok'. That was at 11.01 am

I then telephoned Britton House and spoke to the receptionist. I gave my name and said that I wish to cancel my appointment with Dr Nyeko on 6 March 2023 at 10.45. She said that I will not get another appointment for a few months again. I said that does not matter. She asked if there was any reason for this cancellation. I said Yes, I have sent KMPT PALs emails and it is not replying. She said the next appointment will be in May. I said OK, send me a letter in the post to confirm that. She said that she will pass on the request to the Secretary. OK. Thank you I said. Call ended.

I posted the email together with the above update in Daily Bulletin at 14.00-15.00 pm, tweeting, facebooking and posting it on LinkedIn to see the response of the State authorities:

<https://www.knowledgeassessmentanddissemination.com/post/e35ym660-proceedings>

15.05 pm (UK-Time) 14 February 2023

Your Vitali-Chi order has shipped!

Yahoo

/

Inbox

Vitali-Chi Ltd. <allen@vitali-chi.com>

To:

Shantanu Panigrahi

Tue, 14 Feb at 15:01

Hi Shantanu,

We've got some good news! All of the items from order 2180 have now been shipped:

Thanks again for ordering from Vitali-Chi. Any problems, please let me know!

Allen and The Vitali-Chi Team

Facebook

Twitter

Instagram

YouTube

No longer want to receive these emails? Unsubscribe.

Vitali-Chi Ltd. 110 Coast Road West Mersea, Essex, England CO5 8NA

I texted Jill: 'Jill, would you be good enough to refund the £60 that I paid last evening as I have just now been harassed by Vitali-Chi. The Session of 24 February is cancelled accordingly'.

Update:

I have in the past received this kind of communication from Vitali Chi and believe that I had unsubscribed from receiving such emails but these have continued.

Jill Jesson has read the test but has not replied.

15.32 pm (UK-Time) 14 February 2023

I heard a notification of WhatsApp at 15.42, but did not open my phone to see if something might come from elsewhere until after 17.00 hours that I finally opened the WhatsApp text from Jill Jesson. She had written: 'There is no harassment from us, just your zoom link'.

I did not respond to see if something else would come and the Mobile phone rang at around 19.00 pm. It was from a Spam caller (Junk call), but it was proceedings nonetheless. So I replied to Jill Jesson nonchalantly with the truth as follows: 'Jill, the reason this dispute arose is because I received an email from Vitali-Chi that my order has been shipped. I made no orders. I had already received notification last evening about the Session that I booked and I had unsubscribed from receiving junk mail. When I think back to the time that you wrote to Bark terminating our arrangement and your assertion that I had an anger management problem and a lack of patience, the picture now is clear. Your firm has always been State-manipulated as I had originally stated. I had patience and gave you many chances writing complimentary things about you and Allen but this matter was the straw that broke the camel's back. You think still that I have a split mind and sent out malicious emails to cover up the State-organised persecution on me. There is no point continuing with the Zoom meeting.' I added: 'Furthermore, I had already texted you this morning that I had tested the Zoom link and that it works. So instead of giving me the £60 refund your response twisted the underlying reality that it was a fault at my end when I had clearly written that I had cancelled the 24 February Session because your firm has harassed me'.

20.34 pm (UK-Time) 14 February 2023

There was no reply from Jill Jesson overnight. This morning to keep the conversation going: I further texted her on WhatsApp: 'Do you wish to discuss these matters on the 24 February Zoom Session, yes or no?'

She read the text but did not reply immediately.

07.35 am (UK-Time) 15 February 2023

At 7.58 am Jill texted: Hello Shantanu, sorry our automated response to purchasing a session with me should have said thank you for ordering our service and not products'

I texted back: 'I am a peaceful person Jill and always strive to clear the air. Sorry for any misunderstanding. I will log in to Zoom on the 24 February if that is OK with you.'

Jill texted: 'Yes, see you then'.

I texted back: Good, regards to Allen'.

Jill texted: 'Thanks'.

08.12 am (UK-Time) 15 February 2023

Following yesterday's Valentine day that we exchanged cards, Rashmi and I are today celebrating our 38th Wedding Anniversary.

On Facebook:

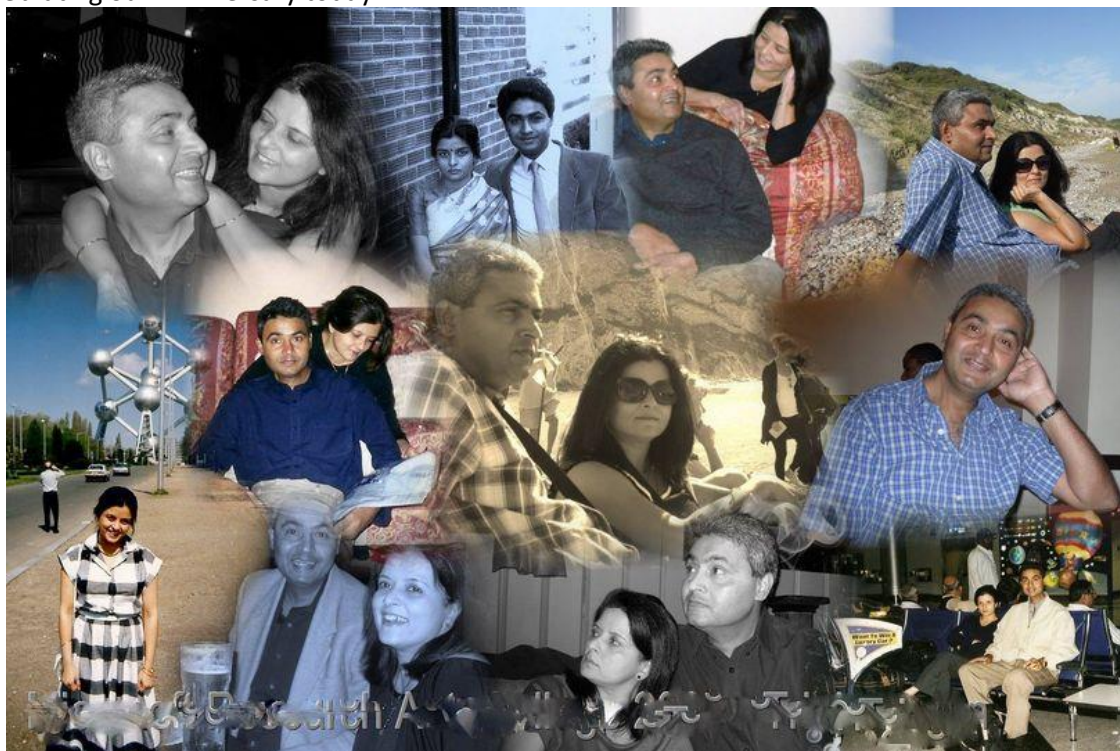
Shantanu Panigrahi shared a memory.

9 m ·

Shared with Public

8 years ago
See your memories

Shantanu Panigrahi
15 February 2015 ·
Shared with Public
Celebrating our Anniversary today



Update:

At 9.45 am, I telephoned Britton House and spoke to the receptionist asking if there was any change to my appointment with Dr Nyeko. She asked if I had received a letter. I said yes for 6 March 2023 at 10.45 am, and if she could check on the computer because I had spoken to a lady yesterday. There was some problem with KMPT PALS. She said that the appointment of 6 March 2023 has been cancelled, and that they will rearrange it and send me a new letter. I said 'OK, Thank you' the call ended.

At 13.45 pm, a text came from the GP Surgery: 'Dear Mr Panigrahi. Your blood test result for vitamin B12/folate, iron is normal. Thanks. Clinical Admin, Long Catlis Road Surgery.'

I thought to myself that this was strange telling me that with such limited information. Then it dawned on me that Britton House is covered and so is Jill Jesson with the whacking and subsequent settlement that I wangled up for the Zoom Meeting of 24 February. And the email to Kent Police/Central London County Court that is published is a complete exposure of my Defence against any charges so that the State cannot move. Finally, I have not deleted the original email from my yahoo folder (without those updates) so that if an email comes from official sources I can forward it for consideration fresh and proceedings will begin in my favour to punch the claim for apology and

compensation with the attachment of the enquiry, etc: stating that I have not heard back on this matter from Kent Police of the Central London County Court for some strange reason.

Having said that these considerations do seem to show the way forwards but as I have learnt, have no aims, have no plans for damages and compensation, do not be attached to anything, do not contact the GP Surgery ever unless it contacts me by letter or phone call or I would be back in the shit-hole once again that I have escaped from. I have this morning obtained a fresh supply of my medications that will last me a month from Boots.

At 14.55 Mobile phone rang from a Spam caller (07445837750) that I let go as missed call, for I am not answering any phone calls anymore; everything has to be in writing or a Voice mail message must be left. They can huff and they can puff all they want but they are not going to blow our house of shelter down.

A few LinkedIn connect emails came: deleted them; then a Wix email came: deleted it. Mobile phone rang again from a Spam Caller (01204325272): I did not answer. I will not publish anything more now.

Rashmi received a notification from Medway Council electoral services, an automatic notification and was keen to go and work for an night' but not if I was not going with her to work as a team. I had not received the notification separately, so sent the following email:

Fw: Local & Parish Elections – 4 May 2023

Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To:

electoralservices@medway.gov.uk

Wed, 15 Feb at 18:31

Hide original message

----- Forwarded message -----

From: Shantanu Panigrahi <shantanupanigrahi@yahoo.com>

To: medway.electoral.services@notifications.service.gov.uk

<medway.electoral.services@notifications.service.gov.uk>

Sent: Wednesday, 15 February 2023 at 18:19:14 GMT

Subject: Fw: Local & Parish Elections – 4 May 2023

To

Jane Ringham

Medway Council

Dear Jane

My wife has just asked me if I have received this notification from you because we normally or In should say always do the Count Assistant Role together sitting at the same table and both of us enjoy this work that I have been doing since 2005. I have not received it,

if I have checked my shanpanigrahi@yahoo.co.uk account to see whether you have sent it to that email address but there is nothing there.

Is it the case that I am not selected to help out on this occasion or blacklisted because of the attached events:

ToKentPoliceCentLonCtyCrtKMPTlegalKMPTPALSJillJesson(E35YM660Proceedings)14Feb2023.docx?

I would be most grateful if you would clarify the situation for me.

Thank you for your attention

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

----- Forwarded message -----

From: Rashmi Panigrahi <rashmipanigrahi2000@yahoo.co.uk>
To: Shantanu latest <shantanupanigrahi@yahoo.com>
Sent: Wednesday, 15 February 2023 at 16:24:21 GMT
Subject: Fw: Local & Parish Elections – 4 May 2023

Rashmi

----- Forwarded message -----

From: Medway Electoral Services <medway.electoral.services@notifications.service.gov.uk>
To: "rashmipanigrahi2000@yahoo.co.uk" <rashmipanigrahi2000@yahoo.co.uk>
Sent: Wednesday, 15 February 2023 at 15:12:19 GMT
Subject: Local & Parish Elections – 4 May 2023

Medway Council

CA

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Dear Rashmi Panigrahi

Further to our email last year, I am now writing to ask for your confirmed availability for these elections. This email is later than usual because we've had some technical IT issues, but these have been sorted now. It does mean, however that we are asking for a really prompt response from you, whether you are interested or not.

Rather than ask you to prioritise the role you are interested in we simply need to know if you're available or not. We will probably allocate you to the role you undertook for previous elections, or where we have most vacancies.

Please click on the "reply" button and then type in the new response email one of the following sentences:

I am definitely available to work on the election

I am not available to assist with this election but would like my details retained for future election work

I am no longer interested in working for Elections. Please do not contact me in future

Underneath that sentence add any other comments to ask to be considered for any specific role(s) and any other comments. You don't need to add your name in the body of the email as we'll be able to see it where we used your name.

Please respond back to us by email no later than Sunday 26 February. Please don't print the email and scan/email it back or drop it into the office. We do not have the resources to deal with your responses that way.

Appointment letters will be sent as soon as possible but we will prioritise Polling Station staff, then Postal Vote staff and finally Count Staff.

Please do not assume you have been appointed until you receive the appointment letter.

Compulsory Poll Clerk training starts in mid March and PO training will start on 11 April.

I hope you able to help us again, and I look forward to seeing you later in the year.

Jane Ringham

Deputy Returning Officer

ToKentPoliceCenLonCtyCrtKMPTlegalKMPTPALSJillJesson(E35YM660 Proceedings)14Feb2023.docx 14.6kB

18.42 pm (UK) Time 15 February 2023

Mobile Phone rang from a Spam Caller07427 492012: did not answer.

Then we went for our Wedding Anniversary celebration meal at Harvesters along the A229 on the outskirts of Maidstone.

07.31 am (UK-Time) 16 February 2023

Update:

This morning a Krishna SEO email came, a Howdens Careers email came, then a Vitali-Chi sent an email asking for feedback on product and services. All I deleted. Vitali-Chi 77 secrets email came: also deleted. Then a Allurement of Reality Daily Digest notification email came: deleted. I decided to have nothing to do with the websites. A Ruhi email came relating to the websites development: ignored it then deleted it. That was 9.53 am

At 12.19 am Chau websire upgrade/Repair email came: deleted.

Rashmi asked me if I had written to Medway Council about the election availability notification matter and I told her that Yes I had done so yesterday evening. I added that 'You write to them saying that you are available and your husband wrote to you about not receiving his notification; that we do it together. She said to me that maybe the trolls have got to Medway Council. I then told her to do what she thought was right, do not listen to me.

Later Rashmi told me that she replied to her notification email that she received but did not mention to them my email sent last evening but asked if I will receive the notification too because we work together, and that if I was not asked, she would not be able to confirm her availability for the election count. That was 12.52 pm.

A Visitor notification email came from one of my websites offering services, and a second one. Deleted both.

With no replies from Medway Council I felt vulnerable as no letters had come in the post for me either today from anywhere and especially not Britton House. So I was exposed to the Zoom Session assessment that the State would wait for and it will be then recorded that I was in need of therapy to add to the mental health medications that I take. I needed to set up the stage to knock the shit out of Jill Jesson finally to force matters into a Court of law. So on WhatsApp I texted Jill Jesson at 13.57 pm 'There was no misunderstanding: I have been harassed again today by Vitali-Chi junk emails'.

Jill Jesson read the text but did not reply immediately at least. I needed to be able to update my book 'The Purpose of Life'.

I deleted all emails received in the yahoo account including the Zoom link from Allen Jesson

At 14.34 Jill Jesson texted: It is Allen's newsletter. Please unsubscribe at the bottom of the email.

I texted: You wanted a feedback which you know would be derogatory to Vitali-Chi as I have already explained during 5 Sessions, emails and text messages on your services. That you did not make any refunds is reprehensible. I have deleted the Zoom link from my yahoo inbox now.

Jill texted: No problem. Just don't give feedback.
That came at 14.59.

A Criminal email came:

|| System Auto Update || TFD-987654567887654 ||
Inbox

Jmesd Jtgdf <timwhite6346@gmail.com>
16:06 (2 minutes ago)
to McAfeecustomer58, bcc: me

Hello Subscriber

Your Subscription for McAfee protection has been successfully renewed & updated.
The Debited Amount will be reflected within the Next 24 TO 48 HRS on your A/C statement.

PRODUCT INFORMATION

Product Name : McAfee protection
Expiration Date : 1 Year from the Date of Purchase
Invoice NO. : TFD-987654567887654
Price : \$ 269.90
Payment Method : Auto Renewal

If you wish to cancel this Subscription then please feel free to Contact our Billing Department as soon as Possible.

You can Reach us on +1 (888,988,3039)

Regards

Billing Team

16.10 pm (UK-Time) 16 February 2023

I unsubscribed from both Vitali-Chi email newsletters and blocked Jill Jesson on WhatsApp. I also deleted all outstanding emails from Sent and Inbox folders in gmail and yahoo accounts to put an end to this sorry saga of 25 years. The Defence is on the website on E35YM660 proceedings blogpost.

That constitutes the art of survival within one's constructed house of shelter.

I will terminate this book and all of 'The Allurement of Reality' on that note that a Hindu practicing his religion can survive in the foreign land of the United Kingdom as I await my State pension from August 2023 and Rashmi makes steady progress in recovering her health which she is responding to. The diagnosis and prognosis will become clear in the weeks ahead. I will not be going to Britton House again even if they send me a new appointment date, without a comprehensive CARE PLAN on which I should be declared to be mentally disordered and not the sanest person in the world having survived 25 years most of which under intense persecution here in the United Kingdom.

Hence, the purpose of life is to survive and experience it all.

16.28 pm (UK-Time) 16 February 2023